

英検[®]準2級

実践演習

2026
Spring

準2級

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Day 1

Section 1: 短文の語句空所補充

1. 動詞

動詞について問う問題を扱います。

頻出動詞については意味だけではなく、過去形・過去分詞形もしっかりと覚えましょう。また、問題は正解だけではなく、不正解の選択肢の意味もしっかりと押さえましょう。

Exercise 1

解答時間目安 15分

次の(1)から(15)までの () に入れるのに最も適切なものを 1, 2, 3, 4 の中から一つ選び、答えなさい。

(1) A: Did your cold get any better?

B: Yes, the fever has completely (). After resting all weekend, I don't feel any heat in my body now.

1. increased 2. entered 3. believed 4. disappeared

(2) When Sarah was giving her presentation, she suddenly (). She couldn't recall the next part of her speech and had to pause for a moment.

1. blanked 2. pointed 3. mentioned 4. hurt

(3) In many countries, people greatly () teachers because they work hard to guide and support the younger generation.

1. borrow 2. reduce 3. respect 4. achieve

(4) The local museum () old photos from residents to create a special exhibition about the town's history.

1. collects 2. breaks 3. repeats 4. sells

(5) The dog () the ball across the yard until it finally caught it near the fence.

1. paid 2. chased 3. included 4. accepted

- (6) A: I think online classes are more effective than learning in a real classroom.
B: I'm afraid I (). I learn better when I can talk to the teacher in person.
1. concentrate 2. apply 3. describe 4. disagree
- (7) This smartphone app is () for beginners. It has simple menus and clear instructions, so anyone can use it easily.
1. discouraged 2. designed 3. avoided 4. supported
- (8) A: The store will close soon. Should we hurry?
B: No, it doesn't (). We already bought everything we need.
1. repair 2. reach 3. matter 4. occur
- (9) Mika often looks at products online, but she only () them after reading several reviews to make sure they are good quality.
1. purchases 2. organizes 3. contains 4. expands
- (10) Lisa tried to follow the instructions for the new software, but the steps only () her. She decided to watch a video tutorial instead.
1. praised 2. confused 3. guided 4. shaped
- (11) A: I haven't seen Emma today. I () why she didn't come to school.
B: She called me this morning. She said she wasn't feeling well.
1. recommend 2. imagine 3. consider 4. wonder
- (12) Ken always () his cat with kindness. He plays with her every day and makes sure she feels comfortable at home.
1. treats 2. extends 3. saves 4. seeks
- (13) A: I heard Tom fell off his bike yesterday. Is he all right?
B: Yes, he wasn't (), so he could go back to school today as usual.
1. injured 2. leaked 3. printed 4. excused

(14) The customers () the restaurant manager for serving cold food, so he apologized and offered them a discount.

1. hosted 2. delivered 3. protected 4. criticized

(15) While cleaning the attic, Mark discovered a small wooden box. When he opened it, he realized it () several letters from his grandfather.

1. required 2. contained 3. owned 4. served

2. 名詞

続いて名詞について問う問題です。

間違った問題には印をつけ、必ず覚えるまで解き直しましょう。また、巻末に頻出名詞一覧がありますので、試験までにかかわらず覚えましょう。

Exercise 2

解答時間目安 15分

次の(1)から(15)までの () に入れるのに最も適切なものを 1, 2, 3, 4 の中から一つ選び、答えなさい。

(1) A: I'm not sure how to set up this new camera.

B: You should read the () in the manual. They show you each step clearly.

1. advantages 2. instructions 3. schedules 4. invitations

(2) After winning the national tournament last year, the soccer team now feels a lot of () to perform well again this season

1. opportunity 2. pressure 3. damage 4. distance

(3) The young explorers used metal detectors on the beach, hoping to discover hidden () buried under the sand.

1. noise 2. waste 3. treasure 4. advice

(4) Mika wants to become a nurse, and she hopes to use her growing () to take good care of her patients in the future.

1. supply 2. method 3. reaction 4. knowledge

(5) Mr. Howard is a busy lawyer, so his () helps him organize documents, schedule appointments, and prepare for meetings every day.

1. guest 2. client 3. immigrant 4. assistant

(6) A: Can visitors use the Wi-Fi in this building?

B: Yes, everyone has free () to it, but they need to enter the password at the front desk.

1. charge 2. access 3. inspiration 4. effort

(7) A: Excuse me. Is this the way to the city hall?

B: No, you're walking in the wrong (). Go straight for five minutes, then turn left.

1. direction 2. expression 3. road 4. pavement

(8) A: You already finished all the rice?

B: Yeah, I was really hungry. I didn't realize I had eaten such a large ().

1. quality 2. amount 3. proportion 4. weight

(9) The hotel requires full () when you make a reservation. They do not allow guests to pay after their stay.

1. improvement 2. payment 3. equipment 4. achievement

(10) A: How was your interview yesterday?

B: I think I made a good (). The interviewer smiled and seemed interested in my answers.

1. reputation 2. memory 3. impression 4. imagination

(11) Sakura moved into a new apartment last week, so she plans to buy some () such as a bed, a desk, and a sofa this weekend.

1. clothes 2. machinery 3. furniture 4. clothing

(12) Kevin works as an () at an electronics company. He designs new machines and tests them to make sure they work safely.

1. engineer 2. physician 3. employee 4. physicist

Day 1

(13) A: I want to make my brother a birthday dinner. Do you have any () about what I should cook?

B: Why not make pasta? Almost everyone likes it.

1. symbols 2. suggestions 3. characters 4. figures

(14) A: I want to buy a new jacket, but there are so many styles.

B: Well, take your time. It's an important (), so choose the one you really like.

1. decision 2. custom 3. habit 4. mind

(15) The bakery started selling a new type of cake, and it became very popular. Thanks to the strong sales, the shop made a big () last month.

1. purchase 2. target 3. harvest 4. profit

Listening①

第1部 会話の応答文選択

二人の会話を聞き、次に来る会話としてもっともよくあてはまるものを選ぶ問題です。答えの選択肢は問題用紙には書かれていません。**問題は1度だけ**読まれます。イラストなどのヒントもないので、音声を聴いてすぐに状況をイメージすることが求められます。

Example

Man: Excuse me. Does this bus go to Central Station?

Woman: No, it goes to the airport.

Man: Oh, what's the quickest way to the station?

Answer:

1. I'm afraid the airport is very far.
2. Well, the bus is not crowded today.
3. Take the No. 5 bus across the street.

正解: 3

Point

<会話のパターン>

男性→女性→男性 or 女性→男性→女性 の3ターンで会話が流れる

<最後の一言のパターン>

- ① 情報質問 (What/ When/ Where/ How/ Do you~? を使った疑問文)
- ② 情報の提供や提案、助言、指示など (それに対する自然な返答を選ぶ)

Example

Man: I tried a new Chinese restaurant downtown, and it was excellent.

Woman: I'd like to try it too, but I heard the prices are a bit high.

Man: If you go to the website, you can download a coupon.

Answer:

1. I don't really like Chinese food.
2. Why don't we cook Chinese together?
3. That's good to know. I'll check it out.

正解: 3

Exercise 3

No.1 から No.6 まで選択肢はすべて放送されます。それぞれ適切な応答の番号を下のマークシートへ記入しなさい。

No. 1

1	2	3
---	---	---

No. 2

1	2	3
---	---	---

No. 3

1	2	3
---	---	---

No. 4

1	2	3
---	---	---

No. 5

1	2	3
---	---	---

No. 6

1	2	3
---	---	---

第2部 会話の内容一致選択

二人の会話を聞き、その内容に関する質問に最も適する選択肢を選ぶ問題です。答えの選択肢は問題用紙に書かれており、**会話と問題は1度しか**読まれません。質問で何を聞いているかを聞き逃さないようにすることが大事です。

Example

Woman: Excuse me. I just found this smartphone on the chair I was sitting on.

Man: Oh, thank you. Which chair was it?

Woman: The one near the entrance. There was a big backpack on the floor next to it.

Man: I see. I think I know who might have left it. Thank you for bringing it to me.

Question: Why did the woman talk to the man?

Answer:

- 1 Wanted to ask him how to use her smartphone.
- 2 Found something and wanted to give it to him.
- 3 Needed help finding a chair near the entrance.
- 4 Wanted to borrow a backpack from him.

正解: 2

Point

- ① 会話を聞く前に答えの選択肢を見て内容を予想しておこう
- ② 問題の最初の疑問詞 (what, when, how など) をしっかり聞きとろう
- ③ 以下の情報を特に注意して聞き取ろう
 - ・男女が次にとる行動 (What will A do ...?)
 - ・時刻などスケジュール (What time ...?)
 - ・理由 (Why is A doing ...?)

Exercise 4

No. 1

1. Visit another store.
2. Come back after 3 p.m.
3. Buy some blueberry jam.
4. Pick some blueberries.

No. 3

1. He forgot his map.
2. It is too far from the station.
3. It has a nice view at sunset.
4. It is out of service.

No. 5

1. Lost the suit.
2. Removed a button.
3. Replaced a button.
4. Cancelled the order.

No. 7

1. She didn't read Chapter 2 yet.
2. She isn't feeling well.
3. She forgot about the study group.
4. She has a piano lesson.

No. 9

1. It begins at six.
2. It is indoors.
3. It is free for students.
4. It lasts thirty minutes.

No. 2

1. Email his teacher.
2. Have a history class
3. Go to the library.
4. Start a new report.

No. 4

1. She lost her uniforms.
2. There is something wrong with the washing machine.
3. She can't find the repair service.
4. She needs new uniforms.

No. 6

1. Call the restaurant to confirm.
2. Cancel the plan.
3. Change the time to eight.
4. Order takeout instead.

No. 8

1. Move him to another room.
2. Send staff to fix the air conditioner.
3. Send staff to check the key card.
4. Close the elevator.

No. 10

1. He wasn't hungry.
2. The large size was sold out.
3. It is cheaper on weekdays.
4. The restaurant only serves small pizzas.

第3部 文の内容一致選択

約 60 語程度の文章を聞き、その内容に関する質問に答える問題です。選択肢は問題用紙に書かれており、**問題と質問は一度しか読まれません**。できるだけ先に選択肢を読んで、聞かれるポイントを予想して聞きましょう。

Example

Jane is interested in French cuisine and wants to learn it in a cooking school in France. She has been studying French for a year so that she can communicate and attend classes in French. Although she feels often tired from attending a local cooking school during the day and studying French online every night, she continues to work hard to make her dream come true.

Question: What does Jane do every night?

Answer:

- 1 She goes to a language school.
- 2 She studies French online.
- 3 She goes to a cooking school in France.
- 4 She works part-time as a cook.

正解: 2

Point

- ① 選択肢を見て、聞かれそうなポイント（人、行動、場所、日時、方法など）を予想しておこう
- ② 本文中の5W1H（誰が、いつ、どこで、何を、どのように など）をしっかり聞きたろう
- ③ 問題の最初の疑問詞（what, when, how など）をしっかり聞き取ろう
- ④ 空港や商業施設などの館内放送特有の表現（Attention passengers./ Welcome to …）に慣れよう

Exercise 5

No. 1

1. A map from the library.
2. A list of speakers.
3. A video about her town.
4. A photograph of her class.

No. 3

1. There is a problem with tickets.
2. The screens are broken.
3. The driver is late.
4. The tracks are snowy.

No. 5

1. Teach a drafting class.
2. Help with simple documents.
3. Manage the entire schedule.
4. Lead weekly meetings.

No. 7

1. Ask questions.
2. Receive safety glasses.
3. Get a textbook.
4. Have a special lecture.

No. 9

1. The flight will land.
2. The crew will serve meals.
3. The gate number will change.
4. The seat belt sign will turn on.

No. 2

1. A discount on pies.
2. Buy-two-get-one on sandwiches.
3. Free drinks with any sandwich.
4. Buy-one-get-one on coffee.

No. 4

1. At convenience stores.
2. By postcard.
3. On the Internet.
4. By phone.

No. 6

1. He forgot his keys.
2. He had no money.
3. He missed the bus.
4. He felt unwell.

No. 8

1. Bass.
2. Guitar.
3. Keyboard.
4. Drums.

No. 10

1. They cannot run fast.
2. They can run fast for long distances.
3. They catch fish in rivers in autumn.
4. They come near villages when they have enough food.

Section 3: 長文の語句空所補充

物語文・説明文

空所前後の文に注目して読み進めよう。特に前後に**論理マーカー (so, because, however など)** がある場合はそれがヒントになる場合が多い。また、**代名詞 (it, they など)** がある場合は空欄内の内容を指す場合があり、ヒントになることが多いので意識しよう。

Exercise 6

解答時間目安 5分

次の英文を読み、その文意にそって (1) と (2) の () に入れるのに最も適切なものを **1, 2, 3, 4** の中から一つ選びなさい。

Receiving a Package

Ken ordered a book online for his mother's birthday. He was looking forward to giving it to her because he knew that she liked the writer very much. The store said it would arrive in three days, but four days passed and nothing came. Ken (1), so he decided to find out what was going on. He called the delivery company and gave it the tracking number. According to the
5 company, the package had already been delivered. Ken checked his mailbox again, but he just found a supermarket flier. He took it out and put it on the table in the living room.

Just then, his younger brother came to him with a box in his hand and said, "I found this in our mailbox yesterday." It was the book he ordered online. Ken was glad because (2). He thanked his brother and asked him to let other family members know what was in the
10 mailbox as soon as possible next time.

- (1) 1. began to worry 2. canceled the order
3. ordered another book 4. was happy about that

- (2) 1. he can finally read the book
2. his brother was nice
3. his mother's birthday party was that evening
4. his mother had the same book already

NOTES:



Section 4: 長文の内容一致選択

A E メール

次に「E メール」の内容に関する問題です。まずは誰から誰へのメールか、主題は何かなど、基本情報をしっかり押さえたうえで内容を読み始めましょう。また、メール内の日時などの事実関係に加えて、メールを書いた目的なども理解することを意識しよう。

Exercise 7

解答時間目安 8分

次の英文の内容に関して、(1)から(3)までの質問に対して最も適切なもの、または文を完成させるのに最も適切なものを **1, 2, 3, 4** の中から一つ選びなさい。

- | | |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | From: Emma Collins <emma.artworks@canvasmail.com>
To: Daniel Foster <daniel.foster@uniart.net>
Date: September 12
Subject: Weekend Art Workshop |
| 5 | Hi Daniel,
How have you been? Last month, you told me that you wanted to start learning how to paint with watercolors. Well, I have some great news for you. The community art center near my house will hold a weekend watercolor workshop next month. It will take place on October 19 and 20, from 10 a.m. to 4 p.m. on both days. The teacher, |
| 10 | Ms. Romero, is a professional artist who has taught many people with no experience of watercolor painting, so I think you will enjoy her class. |
| 15 | I have already signed up for the workshop, and I was wondering if you'd like to take it with me. The registration fee is \$60, and getting painting tools is unnecessary because all materials will be provided. If you want to join, you must register by |
| 20 | October 5, because the center only accepts 15 students per session.
Also, after the workshop on Saturday, I'm planning to go to the new Italian restaurant next to the art center. It's called <i>Bella Luna</i> , and I heard they serve great pasta. If you'd like, I will make a reservation so we can enjoy dinner together without waiting in line. Please let me know as soon as you can.
Take care,
Emma |

(1) Why does Emma think Daniel will like the workshop?

1. Because the teacher has a lot of experience with beginners.
2. Because Daniel has taken classes from Ms. Romero before.
3. Because Daniel enjoys cooking Italian food.
4. Because the workshop will be held at his university.

(2) If Daniel wants to join the workshop, he should

1. bring his own watercolor tools to the center.
2. register at least two weeks before the workshop.
3. pay the fee after the workshop ends.
4. invite 15 students to the workshop

(3) Emma suggests that they

1. celebrate Daniel's birthday.
2. go to a restaurant she visited before.
3. take an Italian cooking class too.
4. have a meal at a restaurant beside the center.

B 説明文

登場人物や大事な出来事、また数字などは線を引くなどして読み進めていきましょう。また、パッセージ全体の内容理解を問う問題もよく出題されます。

Exercise 8

解答時間目安 12分

次の英文の内容に関して、(1)から(4)までの質問に対する答えとして最も適切なもの、または文を完成させるのに最も適切なものを 1, 2, 3, 4 の中から一つ選びなさい。

Keeping a Hive Cool

Bees must keep their hives at the right temperature so that the baby bees can grow well. When the weather is hot, the inside of a hive can become too warm. To prevent this, bees use several methods. For example, some bees stand at the entrance and move their wings quickly. This creates a flow of air that works like a small fan. Other bees bring drops
5 of water to the hive and place them on the wall. As the water dries, it cools the air.

Here is an interesting report about bees during a hot summer. A beekeeper noticed that his bees were having trouble during a heat wave. He decided to help them by placing shallow dishes of water in the garden. He also put small stones in the dishes so that the bees could land safely. With these changes, the bees visited the water more often. Later in
10 the season, the beekeeper saw that the bees produced more honey than in the previous year.

Scientists say that bees are sensitive to changes in climate. When summer becomes hotter, bees must work harder to control the temperature. If the hive becomes too warm, the queen will stop laying eggs for a time. The fact that fewer eggs are laid means that
15 fewer flowers are visited. Therefore, keeping a hive cool is important not only for bees but also for plants to produce seeds.

People cannot control the weather; however, they can take small steps to support bees. Providing clean water and planting flowers that bloom at different times are simple ways to help. In return, bees keep gardens healthy and colorful. Garden clubs often share
20 maps of flower seasons, which helps beekeepers plan support during the hottest weeks of summer. Shade cloth above hives lowers afternoon peaks, and shallow water trays nearby give worker bees safe landing spots.

- (1) What is one way bees cool a hot hive?
1. They fly to colder countries for a month.
 2. They stand at the entrance and stop moving inside.
 3. They fan air by beating their wings at the opening.
 4. They bring water and put it under the hive.
- (2) Because the beekeeper wanted to help his bees,
1. he covered the hive with small stones.
 2. he put a shallow water tray in the garden.
 3. he put some water on the beehive.
 4. he kept the bees inside during summer.
- (3) Why does high heat cause problems for plants?
1. Flowers cannot bloom when it gets too hot.
 2. Few farmers visit beehives.
 3. Flowers stop producing color in hot air.
 4. Fewer bees are available to visit flowers.
- (4) What is true about helping bees?
1. Setting out flowers for each season can support them.
 2. Only garden clubs are able to protect hives.
 3. Putting some warm water can make bees stronger.
 4. Beekeepers can put hives in air-conditioned buildings.