

英検[®]準2級
プ ラ ス
実践演習

2026
Summer

準2級
プラス

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Unit 1

Section 1: 短文の語句空所補充

1. 動詞

動詞について問う問題を扱います。17問中4問程度出題されます。

頻出動詞については意味だけではなく、過去形・過去分詞形もしっかりと覚えましょう。また、問題は正解だけではなく、不正解の選択肢の意味もしっかりと押さえましょう。

Exercise 1

解答時間目安 15分

次の(1)から(15)までの()に入れるのに最も適切なものを **1, 2, 3, 4** の中から一つ選びなさい。

- (1) After looking at the dark clouds in the sky, Mike suddenly () that he had left his umbrella at home this morning.

1 realized 2 misunderstood 3 calculated 4 postponed

- (2) When the company changed its policy without explaining the details to the staff, the new rules () the employees strongly and made their work much harder.

1 dominated 2 influenced 3 motivated 4 assumed

- (3) The teacher asked the students to () the two poems carefully and explain how they were similar in theme and structure.

1 compare 2 decorate 3 memorize 4 copy

- (4) A: I'm thinking about joining the hiking club at school.

B: That sounds interesting. You should take some time to () it carefully before making a decision.

1 defer 2 mention 3 arrange 4 consider

- (5) A: Have you found out why the machine suddenly stopped working?

B: Yes, after testing each part, I was finally able to () the cause of the problem.

1 install 2 repair 3 identify 4 disconnect

(6) A: The instructions seemed a little confusing at first.

B: I agree. I had to read them again and () their meaning before I could follow them correctly.

- 1 conclude 2 interpret 3 complain 4 skip

(7) After collecting the survey results, the team decided to () the data to find patterns that could help improve their service.

- 1 approve 2 submit 3 deliver 4 analyze

(8) A: Why did you send another email to your friend?

B: I suddenly () that I had read the message incorrectly, so I corrected it.

- 1 measured 2 noticed 3 applied 4 operated

(9) During the discussion, she tried to () her opinion clearly so that everyone could understand her point of view.

- 1 connect 2 store 3 express 4 divide

(10) Before investing a large amount of money, it is important to () the possible risks carefully, especially when the outcome is uncertain.

- 1 produce 2 ignore 3 neglect 4 evaluate

(11) A: Can you () a good restaurant near the hotel?

B: Sure. There's a great Italian place just around the corner.

- 1 rescue 2 react 3 recommend 4 replace

(12) The hotel will () guests with free towels and shampoo, so you do not need to bring your own from home.

- 1 provide 2 prevent 3 exchange 4 compromise

(13) To get a driver's license in this state, the law will () you to pass both a written test and a driving test.

- 1 borrow 2 regret 3 require 4 remain

Section 2: 長文の語句空所補充

説明文

空所前後の文に注目して読み進めよう。特に前後に**つなぎ言葉 (so, because, however など)** がある場合はそれがヒントになる場合が多い。また、**代名詞 (it, they など)** がある場合は空欄内の内容を指す場合があり、ヒントになることが多いので意識しよう。

Exercise 3

解答時間目安 22分

次の英文 **A**, **B**, **C** を読み、その文意にそって(1)から(9)までの()に入れるのに最も適切なものを **1, 2, 3, 4** の中から一つ選びなさい。

A

Electric Buses in Modern Cities

Many cities around the world have problems with air pollution and traffic because of modern life. Local governments need to protect the environment while also helping people travel easily every day. In recent years, electric buses with large batteries have become popular, and they are already being tested in many big cities, such as Shenzhen in China. These buses run without gasoline and (1) in busy city areas. Because of this, many people think they are a good choice for public transportation.

Electric buses are different from traditional buses in several ways. An electric motor uses energy better than a gasoline engine. This leads to less energy loss while the bus is moving. The ride stays quiet and smooth for passengers. Electric buses also have fewer moving parts, so parts do not break easily. As a result, the buses need less repair over time, and (2). Even with high first costs, this can be an advantage in the long run.

However, electric buses also have some problems. Cities need charging stations, and building them needs a lot of space and money. Bus companies may also have difficulty maintaining these new types of buses properly. In addition, batteries may not work well in very hot or very cold weather, causing worry for some people. (3), scientists and engineers are trying to make better batteries. They hope electric buses will be easier to use and more common in the future.

(1) 1 need special roads to operate

2 stop many times during travel

3 carry more passengers than before

4 do not release harmful gases into the air

(2) 1 traffic becomes less serious

2 cities save money in the long run

3 buses are easier to fix

4 people travel less often

(3) 1 For example

2 As a result

3 Even so

4 In the same way

B

The Great Green Wall

Today, many countries in Africa are facing a serious environmental problem. The Sahara Desert is expanding every year due to climate change and a lack of rain. This fast expansion (4). In order to handle the difficult situation, a large project called the Great Green Wall was started. The main goal of this international project is to plant millions of trees across the continent. By doing so, they hope to stop the desert from spreading further.

However, planting trees in such a dry environment is not an easy task because young plants often die from the strong heat. To overcome this problem, experts and local farmers worked together to find better planting methods. For example, in Senegal, they began to choose special types of trees that can store water inside. (5), they started using a traditional method to catch rainwater before it completely dries up. Thanks to these efforts, some local areas are already becoming green again.

The Great Green Wall is not just about protecting nature. It also has a big positive impact on human life. Because the environment has improved, people can now grow more crops and keep animals safe. Also, the project has created many new jobs for the people living in the region. They are now able to make money for their families. In short, the project (6). As the wall continues to grow, it will bring a better future to the people there.

(4) 1 makes the natural land much richer

2 brings heavy rain to the continent

3 causes a severe shortage of food

4 helps wild animals survive the winter

(5) 1 Because of this

2 In other words

3 Therefore

4 In addition

(6) 1 helps local people make a living

2 changes the climate of the continent

3 focuses on protecting wild animals

4 builds a new educational system



The Journey of Tomatoes

Today, people enjoy eating tomatoes in various dishes worldwide, but these popular plants were not always found easily everywhere. Originally, tomatoes grew only in the Andes region of South America. Local people there had been eating them safely for hundreds of years. In the 1500s, brave men from Europe traveled to this region and (7). This big event brought the red tomatoes to Europe, and they began to spread quickly to other countries across the ocean.

When tomatoes first arrived in Europe, many people did not eat them at once because they were deeply afraid of the new plant. Its leaves and branches looked very much like some bad wild plants growing in the deep forest. (8), people strongly believed that eating the plant would cause serious illness or sudden death. As a result, they used tomatoes only to decorate their gardens, and the plants were not eaten as food for a long time. It took many years for people to finally see their true value as food.

Things finally changed when tomatoes reached Italy. People there began to realize that the red plant was totally safe to eat. They mixed it with olive oil and cheese to make new dishes, and this great mix soon led to the birth of pizza. Today, we can say that tomatoes have had a great influence on (9) around the world. It is very hard to imagine our daily meals without them.

(7) 1 discovered the unfamiliar red vegetable 2 grew many tomatoes there

3 learned how to cook tomatoes 4 were afraid of the plant

(8) 1 For instance 2 On the one hand

3 Moreover 4 Because of this

(9) 1 the local people 2 food culture

3 many gardens 4 modern science

Section 3A: 長文の内容一致問題

E メール

「E メール」の内容に関する問題です。1 段落につき 1 問が出題されます。

まずはヘッダー情報を読み、誰から誰へのメールか、主題は何かという基本情報をしっかり理解しましょう。次に 1 つ目の設問を読んで問われていることを押さえてみましょう。この時に選択肢は見る必要がありません。第一段落を読み進め、答えが分かったら、2 つ目の設問を読んで第二段落を読んでいきます。

Exercise 3

解答時間目安 10分

次の英文の内容に関して、(1)から(3)までの質問に対して最も適切なもの、または文を完成させるのに最も適切なものを 1, 2, 3, 4 の中から一つ選びなさい。

	From: Emily Brown <info@yogasmile.jp> To: Keith Miller <keith.miller@schoolmail.com> Date: May 10 Subject: About your online yoga class
5	Dear Keith,
	My name is Emily Brown. I am a front desk staff member at Yoga Smile School. Thank you very much for signing up for our online yoga class. We are happy to have you join us and help you start your yoga practice. We understand that you are a high school student, and we hope you will enjoy learning yoga with us. Many young students like
10	our classes because they are simple and easy to follow at home. This class is for beginners, so you do not need to have any special skills. Our teacher will show easy movements and explain them slowly, so everyone can follow and understand each step. The class is about 60 minutes long and is held twice a week in the evening. You can join from your computer or smartphone.
15	Before you join the class, please check your Internet connection and prepare a safe space and a yoga mat so you can move comfortably. Wear comfortable clothes and do not eat right before the lesson. Also, please enter the class five minutes early so we can start on time. If you have any questions, feel free to contact us by email. We are always happy to help you.
20	Thank you, Emily Brown

(1) Why did Emily Brown send this e-mail?

- 1 To ask Keith to become a teacher.
- 2 To thank Keith for signing up for the class.
- 3 To tell Keith to cancel his class.
- 4 To invite Keith to visit the school.

(2) What is true about the yoga class?

- 1 It is only for advanced students.
- 2 It is very long and difficult.
- 3 It is for people new to yoga.
- 4 It is held twice a month.

(3) Before the class starts, Keith should

- 1 eat before the lesson.
- 2 install special software for the class.
- 3 log in to the class on time.
- 4 put on comfortable outfits.

Exercise 4

解答時間目安 10分

次の英文の内容に関して、(1)から(3)までの質問に対して最も適切なもの、または文を完成させるのに最も適切なものを **1, 2, 3, 4** の中から一つ選びなさい。

5

From: Daniel Cooper <d.cooper@greenleaf-cafe.com>

To: Emily Turner <emily.turner@studentmail.com>

Date: June 3

Subject: Job application result

10

Dear Emily,

My name is Daniel Cooper. I am the manager of Greenleaf Café. Thank you for applying for a part-time position at our café. We are happy to inform you that you have been selected for the job. We were impressed by your positive attitude during the interview and your interest in working with customers. We are always glad to welcome hardworking high school students like you to our team.

15

Your main tasks at our café will be taking orders, serving drinks, and keeping the tables clean. You will also work with other staff members to make sure customers have a comfortable time. Many of our employees say they enjoy working here because the environment is friendly and they can learn useful communication skills.

Your first working day will be next Monday at 4 p.m. Please arrive 10 minutes early so that we can explain your duties in detail. We will provide you with a uniform on that day, but you should bring comfortable shoes of your own. You will also need to wear a name badge so that our customers can see your name. If you have any questions before your first day, feel free to contact us by e-mail.

20

Thank you,

Daniel Cooper

(1) Why did Daniel Cooper send this e-mail to Emily Turner?

- 1 To ask her to come for a job interview
- 2 To tell her that she got the job
- 3 To explain why she was not selected
- 4 To invite her to visit the café

(2) One of the reasons employees like working at the café is that

- 1 they can develop skills to work with people well.
- 2 they can earn a high salary
- 3 they can meet famous customers
- 4 they can work alone most of the time

(3) What should Emily do on her first working day?

- 1 Bring her own uniform
- 2 Wear shoes provided by the café
- 3 Contact the manager by phone
- 4 Arrive earlier than the usual starting time