

# Sunnyside Pre-K Lesson Schedule

**Time**

**Study Zone**

9:30

Morning Drop-off

9:30 – 9:50

**Center Time**

- ★ Sensory Learning
- ★ Manipulatives



9:50 – 10:00

Bathroom Break

10:00 – 10:20

**Morning Circle**

- ★ Music & Movement
- ★ Attendance & Story Time
- ★ Daily Calendar



10:20 – 10:50

**Monthly Theme Activities**

- ★ Environment Exploration
- ★ Arts & Crafts

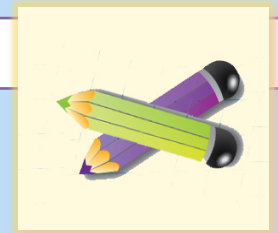
10:50 – 11:00

Bathroom Break

11:00 – 11:20

**Phonics & Literacy**

- ★ Alphabet & Phonics Study
- ★ Let's Read! Activities
- ★ Written Exercises (Fine Motor Development)



11:20 – 11:50

**Outdoor Play**

11:50 – 12:00

Bathroom Break / Lunch Prep

12:00 – 12:45

**Lunch Time** / Quiet Time



12:45 – 13:30

**Integrated Activity Time**

- ★ Science, Numeracy, Language Arts, Visual Arts, Movement/Physical Education

13:30 – 13:50

**Afternoon Circle**

- ★ Music & Movement
- ★ Story Time
- ★ What I Learned Today





14:00

Afternoon Pick-up

*Sunnyside. Where children shine.*

# Sunnyside K1 Lesson Schedule

| Time          | Study Zone   |
|---------------|--|
| 9:30          | Morning Drop-off   |
| 9:30 – 10:00  | <b>Pre-Academics</b> <ul style="list-style-type: none"> <li>☀ Center Time</li> <li>☀ Sensory Exploration</li> <li>☀ Journal Work</li> </ul>  |
| 10:00 – 10:30 | <b>Morning Circle</b> <ul style="list-style-type: none"> <li>☀ Music &amp; Movement</li> <li>☀ Attendance &amp; Story Time</li> <li>☀ Daily Calendar</li> </ul>  |
| 10:30 – 11:00 | Bathroom Break / Morning Snack   |
| 11:00 – 11:40 |  <b>Monthly Theme Activities</b> <ul style="list-style-type: none"> <li>☀ Environment Exploration</li> <li>☀ Inquiry-Guided Learning</li> <li>☀ Small Group Work</li> <li>☀ <b>Outdoor Play</b> (select days)</li> </ul> |
| 11:40 – 12:00 | <b>Phonics &amp; Literacy</b> <ul style="list-style-type: none"> <li>☀ Alphabet &amp; Phonics Study</li> <li>☀ Let's Read! Activities</li> <li>☀ Written Exercises</li> </ul>  |
| 12:00 – 12:50 | Bathroom Break / Lunch Time  |
| 12:50 – 13:30 |  <b>Integrated Learning Time</b> <ul style="list-style-type: none"> <li>☀ Science, Numeracy, Language Arts, Visual Arts, Movement/Physical Education</li> <li>☀ <b>Outdoor Play</b> (select days)</li> </ul>            |
| 13:30 – 13:50 | <b>Afternoon Circle</b> <ul style="list-style-type: none"> <li>☀ Music &amp; Movement</li> <li>☀ Story Time</li> <li>☀ What I Learned Today</li> </ul>   |
| 14:00         | Afternoon Pick-up  |

